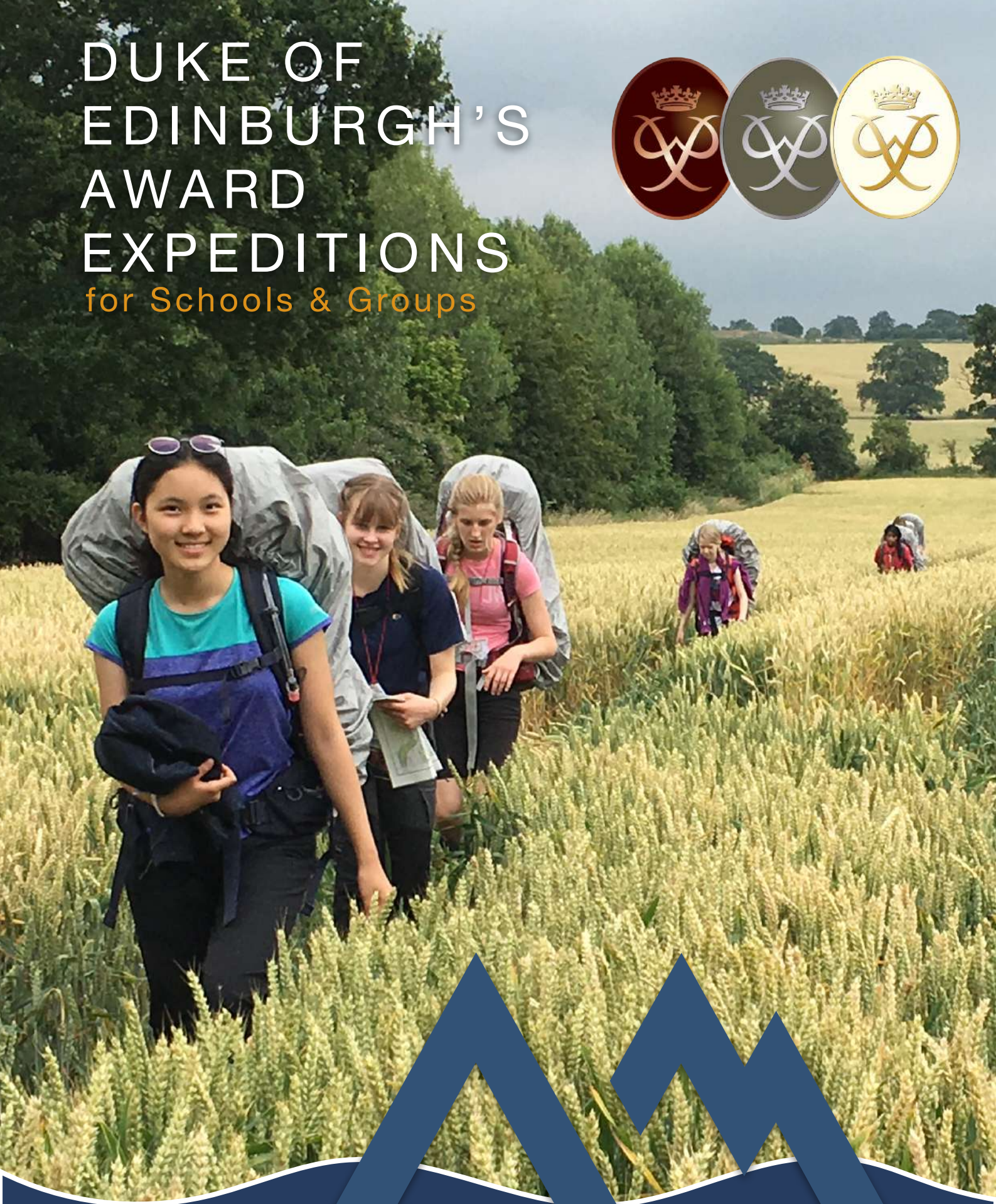


DUKE OF EDINBURGH'S AWARD EXPEDITIONS

for Schools & Groups



YOUR ADVENTURE
IN SAFE HANDS





ALL YOU NEED & MORE

As an Approved Activity Provider (AAP) respected for organising professionally delivered DofE Expeditions for schools, groups and individuals, we offer expedition packages to suit all needs. We make the running or taking part in a DofE expedition as easy as possible, working closely with you to ensure you and your students receive the very best experience.



OUR **EXPERIENCE** WILL MAKE YOURS A BETTER ONE.



Meticulous
planning with
eye for detail.



3 decades of
adventure
experience.



The best
equipment
made available.



Used by
Schools,
Groups &
Individuals.

BRONZE EXPEDITION ITINERARIES

The entry level of the DofE Award, our Bronze level programmes provide a perfect introduction to expeditions with supportive and friendly instructors.



BRONZE EXPEDITION



4-DAYS

Including navigational training walk.

Suitable for:

Participants with a limited budget and time.

from **£205** +VAT
per person

Duration: 4 Days

Min. group size: 14

NOTE: Schools and VAT registered organisations are able to reclaim the VAT



PRE-EXPEDITION TRAINING

Will take place in your school or group's location.

Topics covered:

- Stove use & food choices
- Erecting tents
- Clothing and equipment
- Packing a rucksack
- Route planning

NAVIGATION TRAINING WALK

Will take place close the school.

Topics covered:

- Orientating a map
- Scale
- Understanding symbols
- Relating map to ground
- Taking a simple bearing
- Dealing with emergencies

QUALIFYING EXPEDITION

DAY 1

- Equipment checks
- Start planned route
- Remotely supervised
- Overnight camp

DAY 2

- Continue planned route
- Assessors debrief

Phase 1

Phase 2

BRONZE EXPEDITION



5-DAYS

Including overnight Practice expedition.

Suitable for:

Participants who have no experience of camping and have aspirations of moving on complete their Silver or Gold Award.

from **£290** +VAT
per person

Duration: 5 Days

Min. group size: 14

NOTE: Schools and VAT registered organisations are able to reclaim the VAT



PRE-EXPEDITION TRAINING

Can take place in your school or group's location.

Topics covered:

- Stove use & food choices
- Erecting tents
- Introduction to navigation
- Clothing and equipment
- Route planning

PRACTICE EXPEDITION

DAY 1

- Equipment checks
- Start planned route
- Additional training
- Overnight camp

DAY 2

- Continue planned route
- Full team debrief

QUALIFYING EXPEDITION

DAY 1

- Equipment checks
- Route Planning
- Remotely supervised
- Overnight camp

DAY 2

- Continue planned route
- Assessors debrief

Phase 1

Phase 2

Phase 3

SILVER EXPEDITION ITINERARIES



Moving into more wild terrain than the Bronze award, participants' skills level will increase along with their confidence and ability to be self reliant.

More advanced navigational techniques and expedition skills will be learnt, in order to complete their routes.



SILVER EXPEDITION



6-DAYS

Without additional training

Suitable for:

Participants with limited time or budgets and who have, already taken part in essential expedition and navigation training or have completed Bronze expedition training. These training topics must have been completed prior to starting this expedition programme.

from **£348** +VAT
per person

Duration: 6 Days

Min. group size: 14

NOTE: Schools and VAT registered organisations are able to reclaim the VAT



TRAINING / PRACTICE EXPEDITION

Phase 1

DAY 1

Pre-Expedition Training

- Emergency plans
- Camp craft
- Kit checks
- Route planning

DAYS 2

Practice Expedition

- Start planned route
- Navigation practice
- Instructor debrief
- Overnight camps

DAY 3

End of Expedition & Route Planning

- Finish planned route
- Expedition review
- Instructor debrief
- Plan qualifying route

QUALIFYING EXPEDITION

Phase 2

DAY 1

Qualifying Expedition

- Kit checks
- Emergency plans
- Navigation refresher
- Overnight camp

DAY 2

Qualifying Expedition

- Emergency plans
- Start planned route
- Remotely supervised
- Overnight camp

DAY 3

End of Expedition & Presentations

- Continue route
- Navigation
- Complete Presentation
- Assessor debrief

SILVER EXPEDITION



7-DAYS

Including additional training

Suitable for:

Participants who have little / no experience of expeditions or have not received training already. Ideally, participants will have aspirations of moving on to complete their Gold Award.

from **£406** +VAT
per person

Duration: 7 Days

Min. group size: 14

NOTE: Schools and VAT registered organisations are able to reclaim the VAT



TRAINING / PRACTICE EXPEDITION

Phase 1

DAY 1 Pre-Expedition Training

- Emergency plans
- Camp craft
- Kit checks
- Route planning

DAYS 2-3 Training / Practice Expedition

- Start planned route
- Navigation practice
- Instructor debrief
- Overnight camps

DAY 4 End of Expedition & Route Planning

- Finish planned route
- Expedition review
- Instructor debrief
- Plan qualifying route

QUALIFYING EXPEDITION

Phase 2

DAY 1 Qualifying Expedition

- Kit checks
- Emergency plans
- Navigation refresher
- Overnight camp

DAY 2 Qualifying Expedition

- Emergency plans
- Start planned route
- Remotely supervised
- Overnight camp

DAY 3 End of Expedition & Presentations

- Continue route
- Navigation
- Complete Presentation
- Assessor debrief

GOLD EXPEDITION ITINERARIES



The ultimate achievement. Students will learn a high level of navigational and expedition skills in order to be to be self reliant.

These skills are put to use to travel through wild and remote terrain in the UK's most famous National Parks.



GOLD EXPEDITION



7-DAYS

Without additional training

Suitable for:

Participants with limited time or budgets and who have, already taken part in essential expedition and navigation training or have completed the Silver expedition training.

from **£406** _{+VAT}
per person

Duration: 7 Days

Min. group size: 14

NOTE: Schools and VAT registered organisations are able to reclaim the VAT



Training / Practice Expedition

Phase 1

DAY 1

Pre-Expedition Preparation

- Emergency plans
- Camp craft skills
- Navigation training
- Indoor training room

DAY 2

Practice Expedition

- Continue training topics
- Begin walking route
- Instructor debrief
- Overnight camps

DAY 3

End of Practice Expedition

- Continue route
- Navigation practice
- Instructor debrief
- Plan qualifying route

Qualifying Expedition

Phase 2

DAY 1

Qualifying Expedition

- Kit checks
- Safety Briefing
- Begin route
- Overnight camp

DAYS 2 - 3

Qualifying Expedition

- Start planned route
- Navigation assessed
- Team work observed
- Overnight camps

DAY 4

End of Expedition & Presentations

- Finish planned route
- Emergency plans tested
- Complete presentation
- Assessor debrief

GOLD EXPEDITION



9-DAYS

Including additional training

Suitable for:

Participants who have little experience of expeditions, have not received training already or have not taken part in the Silver award.

from **£522**^{+VAT}
per person

Duration: 8 Days

Min. group size: 14

NOTE: Schools and VAT registered organisations are able to reclaim the VAT



Training / Practice Expedition

Phase 1

DAY 1 Pre-Expedition Training

- Emergency plans
- Camp craft skills
- Navigation training
- Indoor training room

DAY 2 - 3 Pre-Expedition Training / Practice Expedition

- Start planned route
- Continue training topics
- Instructor debrief
- Overnight camps

DAY 4 End of Expedition & Route Planning

- Continue route
- Navigation practice
- Instructor debrief
- Plan qualifying route

Qualifying Expedition

Phase 2

DAY 1 Refresher day

- Kit checks
- camp craft revision
- Navigation refresher
- Indoor training room

DAYS 2 - 4 Qualifying Expedition

- Start planned route
- Navigation assessed
- Team work observed
- Overnight camps

DAY 5 End of Expedition & Presentations

- Finish planned route
- Emergency plans tested
- Complete presentation
- Assessor debrief

OUR STAFF ARE OUR STRENGTH

YOUR EXPEDITION IS IN SAFE HANDS

PROGRAMME CO-ORDINATORS

With vast knowledge in delivering DofE programmes, they will work with the school through the expedition delivery process to create an incredible and smooth experience for all participants.

INSTRUCTORS

Our team of Instructors are qualified, knowledgeable and passionate about the DofE Award and the benefits of young people being involved. They have been carefully selected to work on these expeditions. We operate a staffing ratio of 1:1 teams for training/practice and 1:2 teams for qualifying expeditions.

ADMINISTRATION SUPPORT

Throughout the planning and delivery process our office support staff will be on hand if you have any queries or questions. They also carry out a duty manager role 24-hours a day, in case there are any emergencies during your expedition.

AMAZING STAFF ARE THE STRENGTH OF OUR SUCCESS.

Each is a keen outdoor enthusiast and full-time professional instructor. Full of knowledge and passion, it's hard not to be motivated by their enthusiasm.

Everything we do is focused on young people's success, which is delivered with a personal approach.

There is no doubt that great staff help to create a successful expedition. This is why we only employ the best.

Alex Knill
DofE Manager



ALL THE ESSENTIALS PROVIDED



All teams carry a modern tracker, regardless of award level. Used in conjunction with usual supervision systems, these devices offer an additional layer of safety and peace of mind.



Every group has the very best service available, benefiting from our experience and the use of high quality group expedition equipment.

EQUIPMENT FOR YOUR USE:

- ✓ High quality tents, designed for DofE expeditions
- ✓ Gas-fuelled Trangia stoves
- ✓ Waterproof maps and compasses
- ✓ Group First Aid kits
- ✓ Coloured 'team' rucksack covers
- ✓ Emergency shelters
- ✓ Modern tracking devices

AVAILABLE SUPPORT:

- Dedicated Programme Coordinator
- Training & Practice expeditions
- Qualifying expeditions
- Qualified & experienced staff
- Staff always on-call 24 hours a day
- Logistics planning
- DofE registered Assessors
- Booking and payment of campsites
- Indoor accommodation / facilities*

** not available for all programmes.*

YOUR EXPEDITION, YOUR WAY



Your dedicated Programme Coordinator will guide you through the expedition planning process - working with you and your students, to ensure a smooth, stress-free expedition process.

LET US TO TAKE THE STRAIN.

Participants will explore and experience some of the most stunning environments in the UK.

Your expedition will be delivered in a location that suits you and the participants. This could be in the.....

Lake District	Breacon Beacons
Snowdonia	Yorkshire Dales
Peak District	Scotland
West Midlands	Lancashire
Cotswolds	Wye Valley

.....or wherever
you want it to be.



SAFETY AND SUPERVISION



REMOTE SUPERVISION

Remote supervision is when the safety and well-being of a group is monitored from a distance, with limited direct contact with the group. This technique gives groups an independence whilst being kept safe.

In order to complete a DofE expedition, teams need to have met the 'Expedition Requirements' laid down by The Award. The first of these is that the expedition is unaccompanied and self-sufficient without outside assistance. For this objective to be met, groups cannot be "led" by an instructor. We are still responsible for the safety of the group, so they will be monitored throughout, and we do this by remote supervision.

TRACKERS

All teams carry a GSM tracking device. This signal from the tracker is plotted on an online password protected map, which is only accessible by the expedition staff via their phones or computer.

The trackers are used as an additional layer of security and not as a replacement for experienced staff supervising participants.

RATIOS



STAFFING RATIOS

The Adventure Element Ltd staffing is based on a ratio of 1:1 teams for Training & Practice and 1:2 teams for Qualifying expeditions. In addition, a dedicated Programme Coordinator is also allocated for larger expeditions of over 4 teams who will oversee the smooth delivery of the programme. Our staff are highly experienced and qualified Instructors and each are registered DofE Assessors.

Their role is to provide technical training and safety supervision. They will be on-hand throughout the expedition to ensure the safety of all students and staff.

All staff carry mobile phones and, where appropriate, a 2-way radio. This helps to ensure a smooth running expedition and clear communications in the event of an emergency.

STAFFING RATIOS (SCHOOL STAFF)

Pastoral care for the participants is provided by the school / group staff, who should be available throughout the expedition. We require a minimum of 1 member of school / group staff. They will be supported by The Adventure Element instructors (including overnight) who will assist should any incident occur.

EXPEDITION SUPPORT



WHERE ELSE CAN HELP YOUR EXPEDITION?

- ✓ Staff provision. All staff are experts in the delivery of DofE Expeditions.
- ✓ Supply high quality group equipment.
- ✓ Support with developing safety management systems
- ✓ Consultation on routes and venues
- ✓ Delivering training for students and staff



Not every School or Group will fit in to our range of expedition packages and may require something a bit more bespoke.

If this is you, then we are experts in designing expeditions which suit the needs of the students, the school or group or you as the organiser.

RESPECTED AS AN APPROVED ACTIVITY PROVIDER (AAP)

We truly believe in the benefits of completing the DofE Award and we will do all we can to help participants on their journey to success.

SAFETY

Priority Number One. We provide experienced and qualified staff, who are supported by our exemplary safety management systems.

ENJOYMENT

It's hard not to enjoy the experience when sharing it with fellow adventurers, giving encouragement and willing you to succeed.

LEARNING

We know the DofE Award pushes boundaries. Participants learn so much about themselves and realise they are capable of more than they expected. Completing the DofE will help them 'stand out from the crowd'.



ADVENTURE ACTIVITIES LICENSING AUTHORITY

AALA, acting on behalf of the HSE, indicates our Safety Management has been inspected and approved. We are licensed for Trekking, Watersports & Climbing. Ref: R1821



DOFE APPROVED ACTIVITY PROVIDER

As an Approved Activity Provider we offer the Expedition section by foot, by boat and by bike.



#YourAdventureInSafeHands

info@TheAdventureElement.co.uk
www.TheAdventureElement.co.uk

01768 800212